

¿EMBARAZADA durante la temporada de la gripe?

¡VACÚNESE se lo recomiendan los médicos!

El embarazo aumenta
su riesgo de enfermarse
gravemente a causa de la
gripe. Manténgase sana
durante el embarazo.
Vacúnese.



¡Llamar tu doctor, enfermera, o clínica hoy!



Departamento de Salud
y Servicios Humanos
Centros para el Control y la
Prevención de Enfermedades



Para más información hablar tu doctor, enfermera, o visita: www.doh.wa.gov/cfh/immunize/flu_updates.htm

Para la ayuda que encuentra una clínica de la inmunización, llamada:



DOH 348-101 SP Rev 9/2006



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If you have questions, contact:

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Sincerely,

Health Education Resource Exchange Web Team